


A RAILS Webinar

Inclusive Programming for Adults with Developmental Disabilities

Thursday, November 12, 2015
1:30pm to 3:00pm Central Time

Presenters:
Noelle Burch and Gina Worsham



100 Years of Bridge, Passion and Knowledge
cccib.org
CONTRA COSTA
COUNTY LIBRARY
1913 - 2013

AGENDA

- I. Introduction to Contra Costa County Library Inclusive Plan
- II. Definition, Philosophy and Goals
- III. Accessibility Committee
- IV. "Library Insiders": Definition and Ways to be Inclusive
- V. Q & A

Gina Worsham

I. INTRODUCTION TO CONTRA COSTA COUNTY LIBRARY INCLUSIVE PLAN

INCLUSIVE LIBRARY PLAN

- ✘ Accessible Library “Products” and Services
 - + Accessibility Committee
- ✘ “Library Insiders” – monthly programs for adults with developmental disabilities
- ✘ Summer Reading (all ages/abilities)

INCLUSIVE LIBRARY PLAN



Accessible Library

- ✘ “Products” and Services
- ✘ Accessibility Committee

Contra Costa County Library Accessibility Mission Statement:

Bringing People and Ideas Together: Improving access for people with disabilities means improved access for all.

Gina Worsham

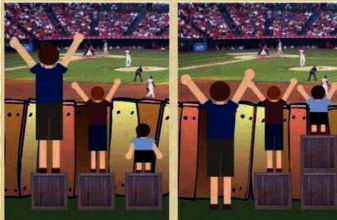
II. DEFINITION, PHILOSOPHY AND GOALS

DEFINITION, PHILOSOPHY AND GOALS

- ✦ What is Inclusion? -Importance of Attitude
 - + Encouraging people of all abilities to feel comfortable and confident using the library
 - + Presenting library programs that provide a variety of opportunities for learning for everyone
 - + "People First" Language

EQUALITY DOESN'T MEAN JUSTICE

Equality doesn't mean Justice



This is Equality This is Justice

"Sometimes equality means treating people the same despite their differences. Sometimes it means treating them as equal by accommodating their differences."

-Rosalie Siberman Abella (Canadian Supreme Court Justice)

Gina Worsham


III. ACCESSIBILITY COMMITTEE

ACCESSIBLE LIBRARY

- ✘ “Products” – Assistive Technology and the collection
- ✘ Services – Inclusive public programs and outreach

ACCESSIBLE LIBRARY

- ✘ The Accessibility Committee
- ✘ Focus Groups
- ✘ Insiders
- ✘ Experts in your community



Noelle Burch

**V. “LIBRARY INSIDERS”
DEFINITION AND WAYS TO BE INCLUSIVE**

Thank you for inviting us in. – Eva, Library Insider

**“LIBRARY INSIDERS”
DEFINITION & WAYS TO BE INCLUSIVE**

- ✦ Someone who feels at ease navigating the library.
- ✦ An individual who approaches the desk with a question or comment.
- ✦ An individual who uses resources and/or attends programs that are available, as a library user.

Insiders



Dream Collage Activity
Library Insiders, Walnut Creek Library

**CREATING AN “INSIDER” EXPERIENCE
FOR EVERYONE**

- ✦ For some individuals with intellectual disabilities, the library can be an intimidating environment.
- ✦ The goal of Library Insiders is to cultivate an “insider” experience for adults with intellectual disabilities.
- ✦ Specialized programs give library staff an opportunity to welcome someone who feels like an “outsider” into to an “inside” library experience.

HOW TO GET STARTED

- ✘ Do you have adults in community-based groups visiting your libraries on a daily basis? (Poll)
- ✘ Introduce yourself to individuals already in your library.
- ✘ Call local town/city/county adult community-based organizations (for example, ARC)

TYPES OF PROGRAMS

- ✘ Programs that encourage adults with developmental disabilities to feel comfortable and confident using all resources in the public library.
- ✘ Programs that provide a variety of opportunities for lifelong learning.

TYPES OF PROGRAMS

- ✘ **Programs that encourage adults with developmental disabilities to feel comfortable and confident using all resources in the public library.**
 - + Behind the scenes library tour
 - + Scavenger hunts (handout)
 - + Special Library Resources
 - + Library technology and computer tutorials
 - + Summer Reading Records (handout)
 - + Volunteering

INCLUSIVE TECHNOLOGY

× iPads for Inclusive Programming

- + 2013 Accessibility Committee received a grant to purchase iPads.
- + Apps geared toward developing life skills
- + iPads benefited everyone!

SUMMER READING RECORDS

Example of literacy activities listed in Adult Summer Reading Record (see handout)

- Visit the library!
- Ask a librarian a question.
- Listen to music or books.
- Read or spend time with a book or magazine.
- Watch a movie.
- Write or draw a picture about your summer.

EXAMPLE OF ACCESSIBLE SUMMER READING RECORD: LIBRARY INSIDERS

Follow the directions for each picture. Once you have completed all of the activities, bring this reading program to the Insiders Meeting in September for a special celebration!



Visit the Library! Color in the box for one visit.



Ask a Librarian a Question. Color in the box for asking one question.



Listen to Music or Books. For every 10 minutes, color in a box.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Read or have someone read you a book or magazine. For every 10 minutes, color in a box.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Watch a Movie. Color in the box for watching one movie.

HOW CAN YOU MAKE SUMMER READING MORE ACCESSIBLE?

- ✦ **2012** Adult Summer Reading Record Instructions
Read a book and write a short review to enter in the Library's prize drawing. Ages 18 and older.
- ✦ **2013 & 2014** Adult Summer Reading Record Instructions
Read a book and write a short review to enter in the Library's prize drawing. Ages 18 and older. [For other ways to participate, visit ccclib.org/summer.](http://ccclib.org/summer)
- ✦ **2015** Adult Summer Reading Record Instructions
Review a book or activity to enter in the Library's prize drawing. Ages 18 and older. [For other ways to participate, visit ccclib.org/summer.](http://ccclib.org/summer)

VOLUNTEERING

- ✦ Volunteering benefits the library and helps individuals develop career and life skills.
- ✦ Group or individual volunteering
- ✦ Basic way to begin creating an inclusive environment.

TYPES OF PROGRAMS

- ✦ **Programs that provide a variety of opportunities for lifelong learning.**
 - ✦ Safety
 - ✦ Health (nutrition & exercise)
 - ✦ Local environment
 - ✦ Creativity & expression
 - ✦ Music
 - ✦ Career development
 - ✦ Current holidays/events



PARTNERS

A good place to start: Your Community!

PARTNERS: AGENCIES & PRESENTERS

- ✘ Police and Fire Department
- ✘ City Parks and Recreation Department
- ✘ Local Rangers
- ✘ Nonprofit Organizations
- ✘ Local Businesses
- ✘ Friends and Library Foundation

SAFETY & HEALTH

- ✘ Fire Safety (Fire Dept)
- ✘ Personal Safety (Police Dept)
- ✘ Doctors from local hospital visit
- ✘ American Heart Association
- ✘ Reading Therapy Dogs
- ✘ Guide Dogs for the Blind
- ✘ Local Businesses (Yoga, Nutritionists).

LIBRARY INSIDERS PROGRAM WALNUT CREEK LIBRARY



LOCAL ENVIRONMENT

- ✦ Park Rangers
- ✦ Local Wildlife Rehabilitation Organizations
- ✦ Gardening
- ✦ Composting
- ✦ Drought Awareness
- ✦ Lapidary Society



CREATIVITY & EXPRESSION

- ✦ Music and Dance
 - + Local Musicians
 - + Dance Parties
 - + Karaoke
 - + Library Inclusive music kit
- ✦ Crafting and Art
 - + Collages
 - + Beading
 - + Coloring
 - + Water coloring



CURRENT EVENTS/HOLIDAYS

- ✦ Veterans Day
- ✦ Martin Luther King Jr. Day (handout)
- ✦ Valentine's Day
- ✦ Holiday Season (making gifts)



GROUP BRAINSTORM

- ✦ Do you know of any local/state/national organizations that has the potential to be a presenter at your library?



FREQUENCY OF PROGRAMS AND SCHEDULING

- ✦ When working with local adult organizations it is helpful to determine a set schedule for programs.
- ✦ Most programs meet on a monthly or bi-weekly basis.
- ✦ Programs are publically promoted.

STAFF COOPERATION

- ✦ Communication
 - + Explain the importance of including everyone.
 - + Share program feedback.
 - + Foster introductions and relationships with staff and Insiders.
 - + Get everyone involved.

“NOTHING ABOUT US, WITHOUT US”

- ✦ Program would not be possible without constant feedback from our participants
- ✦ Insiders presented alongside librarians on a panel about programming for adults with developmental disabilities.

IMPACT

- ✦ Participants report that they use the library more, feel comfortable asking questions of library staff, and are now attending a variety of library programs.
- ✦ Library Insiders gain independent public library skills and are equipped to navigate most public library resources/services.
- ✦ Staff appreciate the kindness and positive interactions received from Library Insiders.

QUESTIONS ABOUT INCLUSIVE PROGRAMMING?

It is time to hear from you!

Don't hesitate to contact us after the webinar!

Thank You

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