

## Serving Patrons with Dementia Group



Tina Williams  
David Kelsey

Email:  
librarianspdg@gmail.com

### Partners & Organizations:

#### [Alzheimer's Association](http://www.alz.org/)

<http://www.alz.org/>

Alzheimer's Association – Greater Illinois Chapter contacts <http://www.alzheimers-illinois.org/staff/> or #800-272-3900

Hadi Finerty, Senior Manager, Education & Outreach of the Greater Illinois Chapter. Phone: 815.272.2011 or email: [hfinerty@alz.org](mailto:hfinerty@alz.org)

Theresa Dewey, Manager, Care Navigation & Early Stage Engagement of the Greater Illinois Chapter. Email: [tdewey@alz.org](mailto:tdewey@alz.org)

#### [Alzheimer's and Related Dementias Interest Group](http://www.ala.org/ascla/interestgroups/igard) (IGARD)

This interest group focuses on creating, disseminating, and implementing guidelines for library services to people with Alzheimer's and related dementias. You can join their listserv for free. <http://www.ala.org/ascla/interestgroups/igard>

#### [Alzheimer's Foundation of America](https://www.alzfdn.org/EducationandCare/musictherapy.html) (AFA)

Check out their article on music: <https://www.alzfdn.org/EducationandCare/musictherapy.html>

#### [American Society on Aging](http://www.asaging.org/)

<http://www.asaging.org/>

#### [CareSmart Illinois](http://www.caresmart.org/)

<http://www.caresmart.org/>

#### [Dementia Blog by AARP](http://blog.aarp.org/tag/dementia/)

<http://blog.aarp.org/tag/dementia/>

#### [Dementia Friendly America](http://www.dfamerica.org/)

<http://www.dfamerica.org/>

[International Federation of Library Associations \(IFLA\)](#)

IFLA has already established guidelines and can readily be adapted for use in the USA.

<http://www.ifla.org/publications/ifla-professional-reports-104>

[National Institute on Aging \(NIH\)](#)

<https://www.nia.nih.gov/alzheimers>

[National Network of Libraries of Medicine \(NN/LM\)](#)

<https://nnlm.gov/>

[US Department of Health & Human Services: Alzheimer's](#)

<https://alzheimers.acl.gov/index.html>

## Further Reading Resources:

Agronin, Marc E. 2016. *The Dementia Caregiver: A Guide to Caring for Someone with Alzheimer's Disease and Other Neurocognitive Disorders*. Rowman & Littlefield.

Agus, David B. 2012. *The End of Illness*. Free Press.

Ali, Naheed. 2012. *Understanding Alzheimer's: An Introduction for Patients and Caregivers*. Rowman & Littlefield.

Alzforum. May 23, 2014. *Art as Therapy – Can Creative Expression Soothe Dementia Symptoms?* Alzforum. Retrieved from: <http://www.alzforum.org/news/research-news/art-therapy-can-creative-expression-soothe-dementia-symptoms>

Amen, Daniel G. 2012. *Use Your Brain to Change Your Age: Secrets to Look, Feel, and Think Younger Every Day*. Crown Archetype.

American Elder Care Research Organization. 2017. *Paying For Senior Care*. Retrieved from: <https://www.payingforseniorcare.com/>

Barnard, Neal D. 2013. *Power Foods for the Brain: An Effective 3-Step Plan to Protect Your Mind and Strengthen Your Memory*. Grand Central Life & Style.

Breznitz, Shlomo and Hemingway, Collins. 2012. *Maximum Brainpower: Challenging the Brain for Health and Wisdom*. Ballantine Books.

Carper, Jean. 2010. *100 Simple Things You Can Do to Prevent Alzheimer's and Age-Related Memory Loss*. Little, Brown and Company.

Carter, Marcia. November 10, 2016. *This Assisted Living Facility Is Designed to Look Like a Small Town from the 1940s*. Country Living. Retrieved from: <http://www.countryliving.com/life/a39630/nursing-home-tiny-houses/>

Carter, Marcia. November 10, 2016. *Custom Door Makeovers Give Dementia Patients a More Comfortable Living Environment*. Country Living. Retrieved from: <http://www.countryliving.com/home-design/decorating-ideas/a40497/door-makeovers-help-dementia-patients>

*Serving Patrons with Dementia*. [librariansdementia.wordpress.com](http://librariansdementia.wordpress.com). Tina Williams. David Kelsey.

- Cohn, Barbra. 2016. *Calmer Waters: The Caregiver's Journey through Alzheimer's and Dementia*. Blue River Press.
- Estep III, Preston. 2016. *The Mindspan Diet: Reduce Alzheimer's Risk, Minimize Memory Loss, and Keep Your Brain Young*. Ballantine Books.
- Healey, Francie. 2016. *Eat to Beat Alzheimer's: Delicious Recipes and New Research to Prevent and Slow Dementia*. Terra Nova Books.
- IBM. 2017. *IBM 5 in 5: Five innovations that will help change our lives within five years*. IBM. Retrieved from: <http://www.research.ibm.com/5-in-5/mental-health/>
- Ingram, Jay. 2014. *The End of Memory: A Natural History of Aging and Alzheimer's*. Thomas Dunne Books.
- John Wiley & Sons, Inc. 2016. *Alzheimer's and Dementia for Dummies*. John Wiley & Sons.
- Klemanski, David H. 2016. *Don't Let Your Anxiety Run Your Life: Using the Science of Emotion Regulation and Mindfulness to Overcome Fear and Worry*. New Harbinger.
- Kosik, Kenneth S. 2015. *Outsmarting Alzheimer's: What You Can Do To Reduce Your Risk*. Reader's Digest.
- Manteau-Rao, Marguerite. 2016. *Caring for a Loved One with Dementia: A Mindfulness-Based Guide for Reducing Stress and Making the Best of Your Journey Together*. New Harbinger.
- McKay, Matthew. 2011. *Thirty-Minute Therapy for Anxiety: Everything You Need To Know in the Least Amount of Time*. New Harbinger.
- McKenzie, Joi-Marie. November 18, 2016. *Kittens Help Memory Loss Patients Find Joy*. ABC News. Retrieved from: <http://abcnews.go.com/Lifestyle/kittens-memory-loss-patients-find-joy/story?id=43633038>
- Melamed, Samantha. January 31, 2017. *Interior design choices help Alzheimer's patients cope*. Herald & Review. Retrieved from: [http://herald-review.com/lifestyles/health-med-fit/interior-design-choices-help-alzheimer-s-patients-cope/article\\_9383dc8b-1743-510f-b965-d68e5f10d503.html](http://herald-review.com/lifestyles/health-med-fit/interior-design-choices-help-alzheimer-s-patients-cope/article_9383dc8b-1743-510f-b965-d68e5f10d503.html)
- Miller, Stephen. 2014. *Communicating Across Dementia: How to talk, listen, provide stimulation and give comfort*. Robinson.
- Newport, Mary T. 2013. *Alzheimer's Disease: What If There Was a Cure?: The Story of Ketones*. 2<sup>nd</sup> ed., Basic Health.
- PBS. January 25, 2017. *Alzheimer's: Every Minute Counts*. PBS Video. Retrieved from: <http://www.pbs.org/tpt/alzheimers-every-minute-counts/home/>
- Public Library Association. 2016. *Memory Care and Technology: Innovative Ideas to Reach Senior and Alzheimer's Communities*. Public Library Association. Retrieved from: <http://www.ala.org/pla/onlinelearning/webinars/ondemand/memory>
- Reader's Digest. 2015. *Brain Power Cookbook: 175 Great Recipes to Think Fast, Keep Calm under Stress, and Boost Your Mental Performance*. Reader's Digest Adult Trade Publishing.
- Serving Patrons with Dementia*. [librariansdementia.wordpress.com](http://librariansdementia.wordpress.com). Tina Williams. David Kelsey.

Seipel, Tracy. January 4, 2017. "Diagnosing Alzheimer's: Medicare now pays doctors to stop and assess memory loss." *The Mercury News*. Retrieved from: <http://www.mercurynews.com/2017/01/04/diagnosing-alzheimers-medicare-nowpays-doctors-to-stop-and-assess-memory-loss/>

Shouse, Deborah. 2013. *Love in the Land of Dementia: Finding Hope in the Caregiver's Journey*. Central Recovery Press.

Small, Gary and Vorgan, Gigi. 2012. *The Alzheimer's Prevention Program: Keep Your Brain Healthy for the Rest of Your Life*. Workman Publishing.

Spotlight on Sharing Webcast. January 25, 2017. *Memory Care at the Library*. Colorado Library YouTube series with Deborah Gonzales from the Arapahoe Public Library. Retrieved from: <https://www.youtube.com/watch?v=78ufKigxeA0>

Sutton, Amy L. 2011. *Alzheimer Disease Sourcebook*. 5<sup>th</sup> ed., Omnigraphics.

Williams-Paisley, Kimberly. 2016. *Where the Light Gets In: Losing My Mother Only to Find Her Again*. Crown Archetype.

Williams, Tina. 2016. *Serving the Older Adult Community*. American Library Association Intersections Blog. Retrieved from: <http://www.ala.org/advocacy/diversity/odlos-blog/tinaolderadults>

Witchel, Alex. 2013. *All Gone: A Memoir of My Mother's Dementia, With Refreshments*. Riverhead Books.

Zeisel, John. 2009. *I'm Still Here: A Breakthrough Approach to Understanding Someone Living with Alzheimer's*. Avery.