

Public Libraries and Healthy Communities

Bobbi Newman
Community Engagement And Outreach Coordinator
National Network Of Libraries Of Medicine
Greater Midwest Region

Health Care Today

Patients are now expected to be more involved in and to make decisions about their own health issues

THE WALL STREET JOURNAL. Subscribe Now | Sign In

Home World U.S. Politics Economy Business Tech Markets Opinion **Life & Arts** Real Estate WSJ. Magazine 

How to Get Patients to Take More Control of Their Medical Decisions

For years, people have been urged be more active in their own care. Now providers are giving them better tools to make that happen.



At the intersection of regulation and business lies **opportunity.**

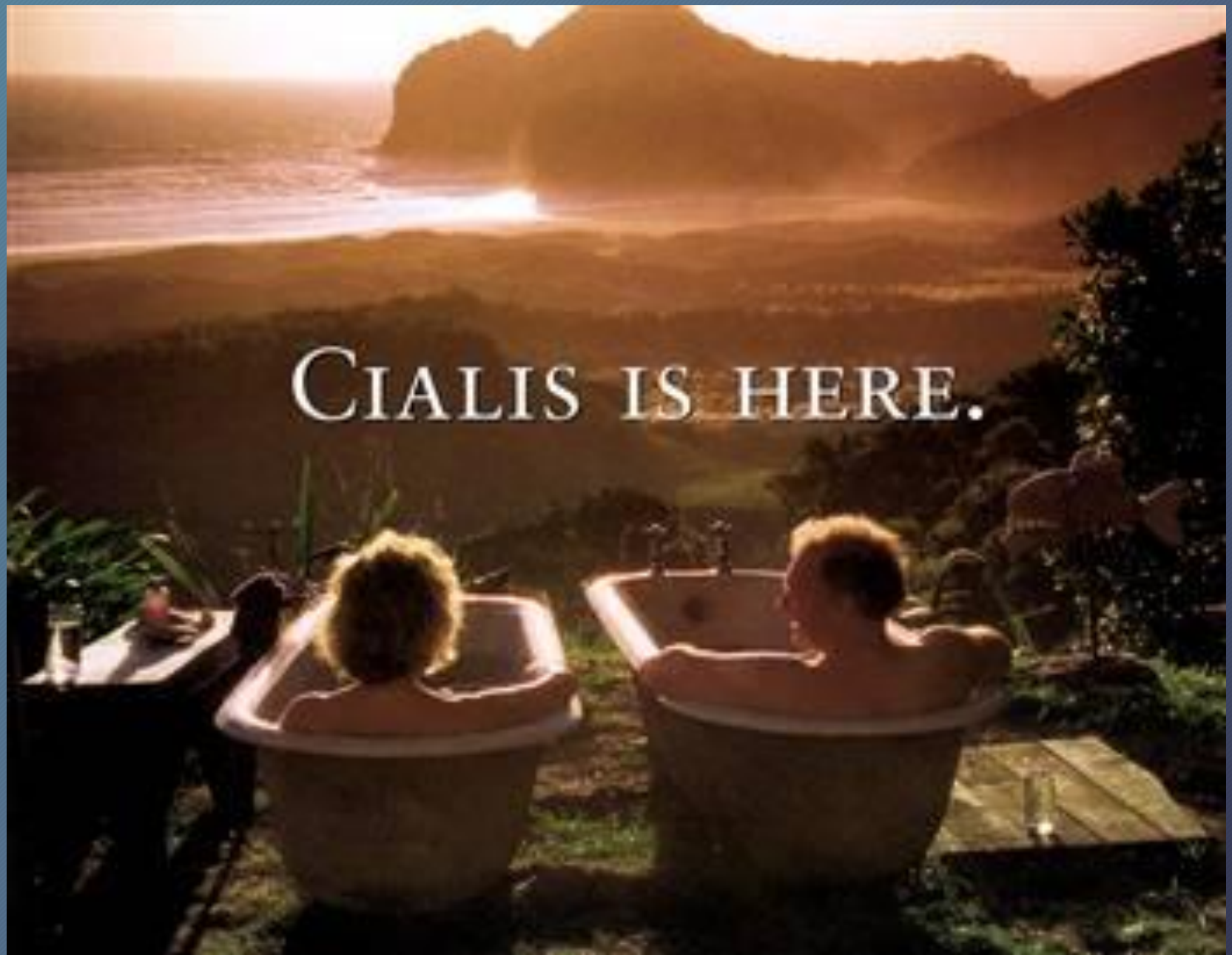


Studies show that shared doctor-patient decision making leads to better health-care outcomes, fewer invasive procedures and lower costs. ILLUSTRATION: ANASTASIA VASILAKIS FOR THE WALL STREET JOURNAL

The Search for Health Information

- Health is the second most popular subject of an online search
- 8 of 10 online health inquiries start at a search engine
- Less than a quarter verify the date or the source
- Lack of access to a computer and the internet increases risk for health disparities
- People are drowning in health information

9 out of 10 adults have difficulty using the health information that they encounter everyday



CIALIS IS HERE.



Sample Label for Macaroni and Cheese

① **Start Here** →

Nutrition Facts	
Serving Size	1 cup (228g)
Servings Per Container	2

② **Check Calories**

Amount Per Serving	
Calories	250
Calories from Fat	110

③ **Limit these Nutrients**

	% Daily Value*
Total Fat 12g	18%
Saturated Fat 3g	15%
<i>Trans Fat</i> 3g	
Cholesterol 30mg	10%
Sodium 470mg	20%
Total Carbohydrate 31g	10%

⑥

Quick Guide to % DV

④ **Get Enough of these Nutrients**

Dietary Fiber 0g	0%
Sugars 5g	
Protein 5g	
Vitamin A	4%
Vitamin C	2%
Calcium	20%
Iron	4%

• 5% or less is Low

• 20% or more is High

A Glass Of Red Wine Is The Equivalent To An Hour At The Gym, Says New Study

UPDATE: [Drinking red wine could help burn fat, says new study](#)



6 Of The Best Exercises
Your Head After Work

[Quick Read](#) | [Comments](#)

TRENDING



Body Language Experts
Harry's Strange Posture

National Vodka Day: Why Drinking Vodka May Be Healthier Than A Glass Of Wine



Lizette Borreli , Newsweek · October 4, 2017



Not all drinks are created equal. And National Vodka Day is a good time to take a closer look at this staple of every corner bar.



Vodka may have some virtues. Clear liquor contains fewer congeners, compounds besides alcohol produced during fermentation and may contribute to the severity of hangovers. Many drinkers look to vodka as a lower calorie option that could be healthier than drinking "antioxidant-rich" red wine.



Vanessa Risetto, a registered dietitian and nutritionist in Hoboken, New Jersey, says that vodka may be healthier than wine. "If you want antioxidant benefits [from wine], you'd have to take in a lot of



Related Searches

[Best Vodka](#)

[National Vodka Day](#)

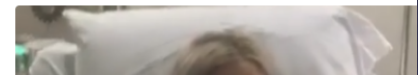
[Vodka Drinks](#)

The Best All Elect

Search now



Popular in the Community





INDY/LIFE

DRINKING TEA AND WINE COULD KEEP FLU AT BAY, FINDS RESEARCH

Forget Lemsip, pass us the vino



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REPORT



0

The microbial metabolite desaminotyrosine protects from influenza through type I interferon

Ashley L. Steed^{1,3}, George P. Christophi^{2,3}, Gerard E. Kaiko³, Lulu Sun³, Victoria M. Goodwin^{1,3}, Umang Jain³, Ekaterina Esa...

+ See all authors and affiliations

Science 04 Aug 2017:
 Vol. 357, Issue 6350, pp. 498-502
 DOI: 10.1126/science.aam5336

Article

Figures & Data

Info & Metrics

eLetters

PDF

You are currently viewing the abstract.

[View Full Text](#)

Eat more plants for influenza resilience

Antibiotic treatment worsens influenza in mice, possibly because the concomitant loss of the microbiota interrupts the production of bioactive metabolites. Steed *et al.* found that a microbial product, desaminotyrosine (DAT), produced by an obligate clostridial anaerobe from the digestion of plant flavonoids, is beneficial during influenza. DAT enters the bloodstream and triggers type I interferon signaling, which then augments antiviral responses by phagocytic cells. Without DAT, influenza virus causes inflammation and severe disease.

Science, this issue p. 498



Science

Vol 357, Issue 6350
 04 August 2017

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- Advertising (PDF)
- Classified (PDF)
- Masthead (PDF)

ARTICLE TOOLS

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RELATED CONTENT

RESEARCH ARTICLE

Cytomegalovirus infection enhances the immune response to influenza

SIMILAR ARTICLES IN:

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- Google Scholar

CITED BY...



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Fake health news

HEALTH

I Fooled Millions Into Thinking Chocolate Helps Weight Loss. Here's How.



John Bohannon

5/27/15 4:23pm • Filed to: DEBUNKERY ▾



1.2M



545



281



Health Literacy

Fill in the Blanks

- One out of ? American adults reads at the 5th grade level or below

one out of 5

- Americans read at the 8th to 9th grade level, yet most health care materials are written above the ? grade level.

10th grade

What is Health Literacy?

Health literacy is the degree to which individuals have the capacity to obtain, process, and understand basic health information and services needed to make appropriate health decisions.

- U.S. Department of Health and Human Services. 2000. *Healthy People 2010*. Washington, DC: U.S. Government Printing Office.

Costs of limited health literacy

- more emergency room visits
- more preventable hospital admissions
- more likely to skip tests
- struggle to manage chronic diseases
- less likely to adopt healthy behaviors
- less likely to act on important public health alerts
- less likely to use preventative services
- misunderstand prescription labels or instructions
- poorer comprehension of nutrition labels

Those with low health literacy

- Don't understand privacy issues around health related technology
- Feel ashamed and may try to hide it

Who?

- Adults over 65 years of age
- Racial and ethnic groups other than White
- Recent refugees and immigrants
- People with less than a high school degree or GED
- People with income at or below the poverty level
- Non-native speakers of English

How Can Libraries Help?

Public libraries and health info access

- 62% of communities in the U.S., public libraries are the only provider of free public access to computers and the Internet.
- 24 % of public libraries offer classes on accessing online health and wellness information

Assessing the Health of Your Community





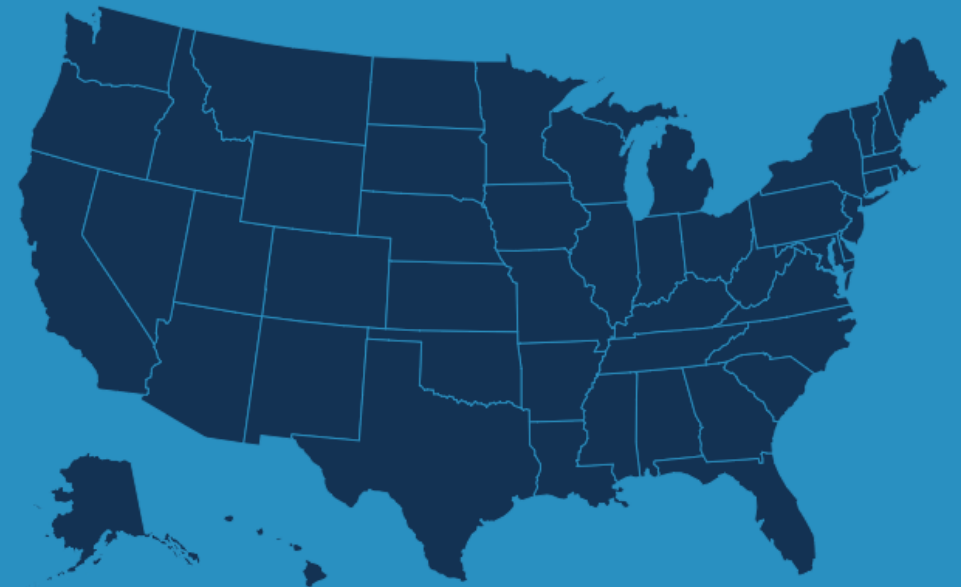
Search State Health Facts:



Choose Category - or - Choose Location

Select a State

- > Demographics and the Economy
- > Health Costs & Budgets
- > Health Coverage & Uninsured
- > Health Insurance & Managed Care
- > Health Reform
- > Health Status
- > HIV/AIDS
- > Medicaid & CHIP
- > Medicare
- > Minority Health
- > Providers & Service Use
- > Women's Health



State Health
Facts

Kaiser Family
Foundation

County Health Rankings and Roadmaps

Robert Wood
Johnson
Foundation

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

A Robert Wood Johnson Foundation program

HEALTH RANKINGS ▾

ROADMAPS TO HEALTH ▾

RESOURCES ▾

MORE ▾

Search by county, state, or topic



Health Is Where We Play

2018 *RWJF Culture of Health Prize* applications are now available!

How Healthy is Your Community?

The annual *Rankings* provide a revealing snapshot of how health is influenced by where we live, learn, work and play. They provide a starting point for change in communities.

Choose a state from the map or search below to begin.

State Health Department



WISCONSIN DEPARTMENT
of HEALTH SERVICES

Search Wisconsin DHS



About
DHS

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Statistics

Diseases &
Conditions

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Coverage

Long Term Care
& Support

Prevention &
Healthy Living

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Topics A-Z:

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Z



Report Public Fraud



Report Fraud

Call toll-free 1-877-865-3432

Office of the Inspector General

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DHS Priority Initiatives



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County Health Department

Johnson County Iowa

Home I Want To... Departments Boards/Commissions/Councils Calendar Search

Public Health Home Page
News Releases & Publications
E-mail Contact List

Tweets by @jcph_iowa

JCPH @jcph_iowa
Farmers' Market is still open thru the end of October in much of Iowa! Buy some #tomatoes and try this easy #TomatoSalsa! #RecipeWednesday

Embed View on Twitter

Public Health

Welcome to the Johnson County Public Health web site. A healthful and supportive environment where all people of Johnson County can achieve optimal physical, mental, and social well-being.

Administration
[Board of Health](#), [Agendas and Minutes](#), [Annual Reports](#),

Community Health
[Communicable Disease Prevention](#), [HIV Program](#), [Tobacco Prevention](#), [Animal Bites](#), [CHNA-HIP](#)

Emergency Preparedness
[General Resources](#)

WIC/Maternal Child Health
[Healthy Foods Nutrition Education and Referrals](#), [Hours and Location](#), [Maternal Health Program](#),

Environmental Health
[Food Establishment Information](#), [Health Nuisances](#), [Wastewater](#), [Food Establishment Inspection Reports](#), [Well Water](#)

Understanding E-Cigarettes

Frequently Asked Questions

Health Improvement Plan

CONTACT

Local
Hospital

Executive Report

2015 Community Health Needs Assessment

Mercy Iowa City Service Area

(Cedar, Iowa, Johnson, Muscatine, and Washington Counties, Iowa)

Prepared for:
Mercy Iowa City

By:
Professional Research Consultants, Inc.
11326 P Street Omaha, NE 68136-2316
www.PRCCustomResearch.com

The Reference Interview

Challenges

- Not being familiar with the resources
- Medical terminology
- Knowing how much to ask
- Using open ended questions
- Not offering personal experiences
- Uncomfortable?

Resources



Health Topics

Find information on health, wellness, disorders and conditions



Drugs & Supplements

Learn about prescription drugs, over-the-counter medicines, herbs, and supplements



Videos & Tools

Discover tutorials, health and surgery videos, games, and quizzes

[Medical Encyclopedia](#)

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[Energy Drinks May Give the Heart an Unhealthy Jolt](#)

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Home

Health Information

Enter a Health Topic.

Submit

- Menopause
- Hyperthermia
- Shingles
- Heart Health
- Depression
- Lewy-Body Dementia
- Advance Care Planning

[Browse A-Z Health Topics](#) →





Health Info

Research

Grants & Funding

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About NCCIH

Health

All Health Topics from A-Z

Research-based info from acupuncture to zinc.

Complementary, Alternative, or Integrative Health

What do these terms mean?

Be Informed

Learn how to make wise health decisions.

Herbs at a Glance

Uses and side effects of herbs and botanicals.

How To Find a Practitioner

Information on seeking treatment.

Information for Health Care Providers



Search

Patient Materials Provider Information Search All



Patient Materials

Find culturally relevant information in multiple languages and formats about health conditions and wellness topics



Provider Information

Discover resources, cultural backgrounders, clinical tools, and guidance about specific immigrant, refugee, and asylee populations



A-Z Index

Browse the entire collection of patient education materials and provider information tools by topic or category

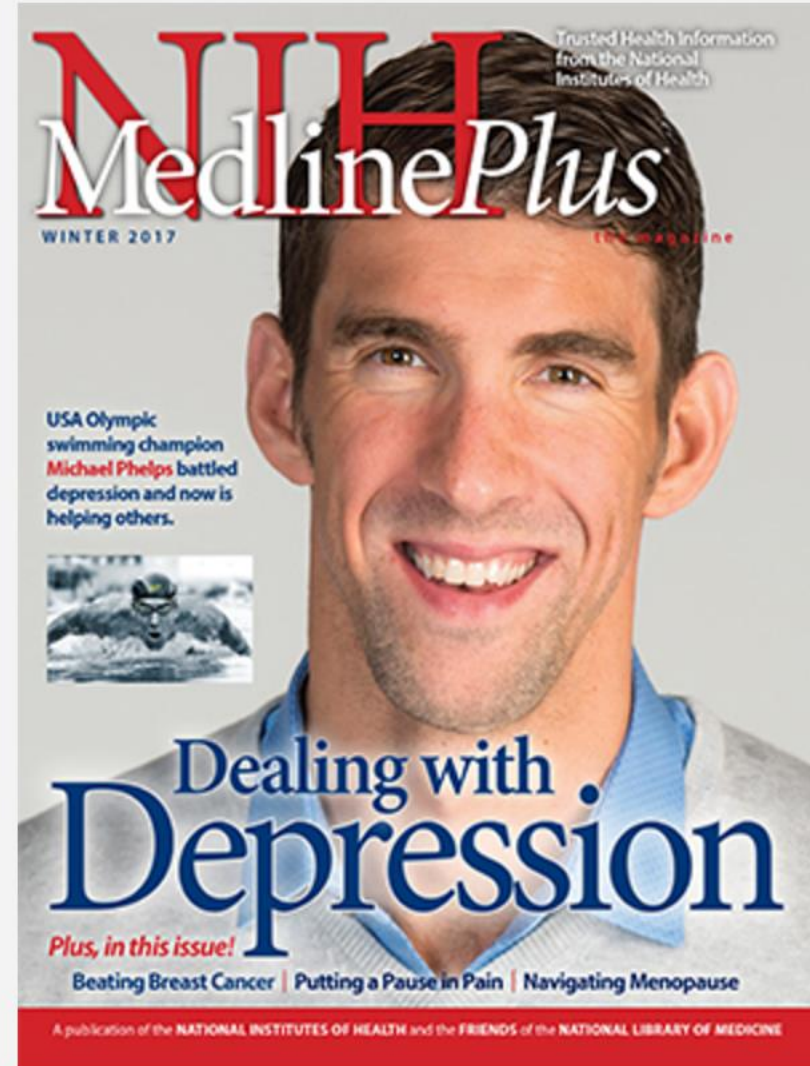
Featured Resources

Opioid Misuse and Addiction Resources **NEW**

In response to the current opioid crisis, the National Library of Medicine partnered with [Healthy Roads Media](#) to produce a collection of materials that teach people about opioids and opioid misuse. The collection has 22 easy-to-read, English-language handouts, videos, and audio recordings.

NIH MedlinePlus, the magazine

- Free subscription
- No ads
- Print
- Online



[Read the Winter 2017 Issue](#)

**BECAUSE
LANGUAGE
SHOULDN'T
BE A BARRIER
TO HEALTH.**

**LIBRARIES
TRANSFORM**
AN INITIATIVE OF THE AMERICAN
LIBRARY ASSOCIATION

NIH U.S. National Library of Medicine
National Institutes of Health

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TO YOUR HEALTH.**

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COMMUNITY.**

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National Institutes of Health

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Programming and Outreach

Subject Guides



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PUBLIC
LIBRARY

Find books, music, movies, etc.

Find it ▾

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Reference
Databases

Magazines &
Newspapers

Subject Guides

Search the Web

Search Catalog

Email a Librarian

Subject Guide: Senior Health

See the [General Health and Wellness](#) Subject Guide in addition to the sources below.

Feel free to ask Library staff for further assistance. These resources are intended for informational purposes only.

Last updated: *January 17, 2015*

Databases

- [Alt HealthWatch](#)

Alt HealthWatch focuses on multiple perspectives of complementary, holistic, and integrated approaches to health care and wellness. Full-text content comes from more than 180 international peer-reviewed and professional journals, magazines, reports, proceedings, and association and consumer newsletters, plus hundreds of pamphlets, booklets, special reports, original research, and book excerpts.

- [Consumer Health Complete](#)

Comprehensive consumer-oriented health information, including articles from many health reference books and encyclopedias and thousands of health reports as well as physician-generated videos and hundreds of medical images and diagrams.

Catalog Links



[The Longevity Kitchen : Satisfying, Big-Flavor Recipes Featuring the Top 16 Age-Busting Power Foods](#)

by Rebecca Katz



Check out a Fitness Kit to try new exercise options

Posted on October 5, 2015 by Lissa Staley



**Check Out a
Fitness Kit!**

Revitalize your workout routine or inspire yourself to try something new!

About a dozen different fitness kits are available for customers interested in physical fitness and exercise materials at the library.

HEALTH INFORMATION

[Farmers Markets](#)

[Health Handouts](#)

[Health Insurance Marketplace Information](#)

[Zika Virus Information](#)

LIBRARY NEWS



[Library News Print](#)

Your source for library events, classes and information.

[Library E-News](#)

Bi-weekly newsletter of what's happening at your library.

ASK A LIBRARIAN

Health and
Fitness Kits

Health and Fitness Kits

Diagnosis Bag: Diabetes

According to the Centers for Disease Control, from 1980 to 2014, the number of adults in the United States aged 18–79 with newly diagnosed diabetes more than tripled from 493,000 in 1980 to more than 1.4 million in 2014. From 1991 to 2009, the number of new cases of diabetes increased sharply from 1.7 million. However, from 2009 to 2014, the number of cases increased significantly to approximately 1.4 million. Especially in Type 2 diabetes, one can manage the condition with lifestyle choices. To help you better understand one can manage the condition with lifestyle choices. To help you better understand, we have assembled a bag of resources that we hope are useful in controlling and better your condition. It checks out for 6 weeks, so that you have time to digest the contents and maybe make some new habits, but your condition is “borderline, but we can try controlling it.” Remember that the library is in your corner. Below we have some local resources to help you inform yourself further.

American Diabetes Association

American Diabetes Association
ATTN: Center for Information
1701 North Beauregard Street
Alexandria, VA 22311
Phone: 1-800-DIABETES (1-800-342-2383)
Chat Help is also available by clicking on a link on their website.
Here, also, is their Diabetes Information Center

The National Institute of Diabetes and Digestive and Kidney Diseases

Bethesda, MD 20892-2560
Telephone: 301-496-3583
Diabetes A to Z

Mayo Clinic is a good source of diabetes information.
Diabetes Care: 10 Ways to Avoid Diabetes Complications

Title: Diabetes

Description: 6 books ; Bag with straps 13x13 inches.

Contents: Contents: 1. A field guide to Type 2 diabetes: the essential resource from the diabetes experts (Alexandria, Virginia: American Diabetes Association, 2004 [9781580404693]) -- 2. Ask the experts by Nicholas Argento, M.D. et al. (Alexandria, Virginia: American Diabetes Association, 2014 [9781580405393]) -- 3. Twenty-five lessons in mindfulness, by Rezvan Ameli, M.D. (Washington, D.C.: American Psychological Association, 2014 [9781433813238]) -- 4. Budget-friendly fresh and local diabetes cookbook, Charles Mattocks (Alexandria, Virginia: American Diabetes Association, 2014 [9781580405119]) -- 5. Diabetes & heart healthy cookbook, by The American Diabetes Association & American Heart Association (Alexandria, Va & Dallas, Tex.: ADA, 2014) [9781580405188] -- 6. The diabetes reset : avoid it, control it, even reverse it: a doctor's scientific program, by George L. King, N.D. (New York: Workman Publishing, 2014) [9780761175926]

Subject Term: Diet therapy -- Guidebooks.

Heart -- Diet therapy.

Diabetes -- Treatment.

Self-help techniques.

Holds: 0

Services to target populations

- Films
- Performances
- Education

The screenshot shows the Bklyn Public Library website. The header includes the logo and navigation options: Borrow, Learn, Attend, and More. A horizontal menu highlights 'Older Adults' among other categories like Library Outreach, Immigrants, Jail & Prison Libraries, and Bookmobile. The main content area features a paragraph about inclusive programming for older adults, followed by two image-based links: 'Creative Aging' (with a drawing image) and 'Library Lane' (with a bowling image).


Bklyn Public Library


Borrow
Learn
Attend
More

Library Outreach **Older Adults** Immigrants Jail & Prison Libraries Bookmobile

Services for Older Adults

Services for Older Adults at BPL offers inclusive programming and services tailored to our patrons over the age of 50, including lectures, films, performances and educational programs that reflect the wide interests of today's older adults.

 Creative Aging →

 Library Lane →

Contact Us

We are available to older adults, the caregivers to help with resources available and beyond. If you need information on housing, educational services and more, call 718.236.1760 or email seniors@bklynlib.org



Find books and more



Catalog Website

[Advanced Catalog Search](#)

Catalog

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Virtual Library ▾

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Locations ▾

Youth ▾

Ask Us ▾

APL Events

Children

Teen

Adult

Show all events

Calendar

Search events by location ▾

Advanced Search



Health

The Library offers free programs and workshops to help you improve your health and well-being throughout the year.

Programs
and
Workshops



Houston Public Library

Linking YOU to The World

Search Our Catalog

Search Our Website

find books, ebooks, videos & more

Search

Find It

Learn & Explore

Research

Get Involved

"All locations will delay opening until 2 PM on Friday, October 27, 2017." - Due to Hurricane Harvey, overdue fines have been waived through November 27, 2017.

Community Partnerships

[Home](#) > [LEARN & EXPLORE](#) > [Library Events](#) > [Community Health Class](#)



Community Health Class

Library: [Walter Neighborhood Library](#)

Date: 3/21/2017

Room: Walter Library Meeting Room

Time: 1:00PM - 2:00PM

Type: Health & Fitness

Age Group: adults

Share this:

Learn about nutrition, portion control, food groups, food labels, and more, in this informative class presented by the Health Department

Community Partnerships

Upcoming Events



Community Conversations

A CONVERSATIONAL APPROACH TO ALZHEIMER'S & DEMENTIA LED BY NATIONAL ADVOCATE

Lori La Bey, Alzheimer's Speaks

Mar
7

Community Convos w/ Alzheimer's Speaks F...
Mar 7 - Mar 8 · Westchester Public Library · Chesterton, IN
Health

★ Interested

Community Partnerships

Library Nurse

Through a partnership with the [Pima County Health Department](#), a team of public health nurses make rounds in our libraries providing basic health services. One public health nurse works in the Library full-time.

[Schedule of Public Health Nurse visits](#)

The nurses help make the library a welcoming and safe place for everyone and improve the physical and mental health of our customers. Nurses provide much-needed services, such as:

- Nursing assessment
- Case management
- Nutrition and health education
- Resource information
- Blood pressure screenings
- Referrals
- Outreach

The library nurse program was nationally recognized as a [2013 Top Innovator](#) by the Urban Libraries Council, and received the [2014 American Public Health Association's Lillian Wald Service Award](#). In 2015, two of the County's Public Health Nurses were recognized as [Tucson's Fabulous 50 Nurses](#).





Tales and Travel Memory Programs

Oh the places
we will go.



Five Million and Counting

More than five million Americans have been diagnosed with Alzheimer's Disease and other dementias, a number that is rapidly climbing as Baby Boomers age.

Public, academic and medical libraries can and should play an important role in enriching the lives of this too-often forgotten population.

Programming Librarian

PROGRAMMING Librarian

A website of the American Library Association Public Programs Office

Browse Ideas ▾

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Blogs

Program Models

Learning

About



Topic

Image View List View

REFINE BY:

Budget

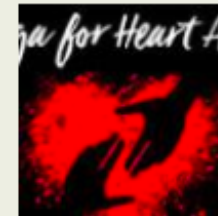
Library Type

Age



Out of the Shadows *in Program Models*

After San Diego Public Library staff had an encounter with a possible sex trafficking victim, they decided to be a part of the solution.



Yoga for Heart Ache *Blog by Jenn Carson*

We often celebrate holidays and happy times at libraries. What about acknowledging the messier, more difficult aspects of being human?



Senior Fitness Class and Chair Yoga *in Program Models*

If your older patrons struggle to make it out of the house in the winter, bring the programming to them.



DLD Health Literacy Initiative *in Program Models*

The Connecticut State Library created a health program series aimed at all of the libraries they serve.



Library Resource Outreach Center/Health Central *in Program Models*

Looking to serve their homeless population, an upstate New York library creates a one-stop-shop of social and medical services.



Snowshoe in February *in Program Models*

A rural Maine library led patrons on a snowshoe outing, followed by potluck soup and warm drinks at the library.

How the **National Network of Libraries of Medicine** can help you help your community.

About NNLM



The NNLM and Public Libraries

- Resources
- Training
 - In-person presentations and workshops
 - Free webinars & online asynchronous classes
- Funding
 - Professional development
 - Health related programming, outreach etc.
- Partnerships

Become a Member!

- Institutional, not individual
- Free!
- Access to:
 - Funding opportunities
 - Free resources
 - Free print outs

Training

- In-Person
- Webinars: live or recorded
- Asynchronous courses

Upcoming opportunities

PROMOTING HEALTHY COMMUNITIES

a health information and health literacy initiative



[About](#)

[FAQ](#)

[Guidelines](#)

PLA Preconference Stipend for Promoting Healthy Communities: Consumer Health Information Specialization (CHIS)

- **Date Posted:** October 16, 2017
- **Deadline for Submission:** November 19, 2017 by 11:59 pm (CDT)
- **Award Notification Date:** December 4, 2017
- **Required In-Person Workshop Date:** March 20, 2018

Questions?

Read the grant [Frequently Asked Questions](#) and carefully review the requirements in each category before applying.

Contact the American Library Association (ALA) staff at 1-800-545-2433, ext. 5045, or

publicprograms@ala.org

Share This:



STAND UP FOR HEALTH

Free online course for public library staff

Core competencies, essential skills, and knowledge of health information services.
Participants receive the Consumer Health Information Specialization certificate.



professional development

<https://nnlm.gov/professional-development>

Training Opportunities

The following table contains a schedule of upcoming NNLM training opportunities available to individuals located within the Greater Midwest Region. You can also [view all NNLM training opportunities](#).

Upcoming NNLM Classes

Date	Title	Location	Sponsoring RML/Center	Registration
				No registration

IN THIS SECTION

Overview

Class Descriptions

Training Schedule

Resources for Health Professionals

Resources for K-12 Educators

Resources for Public Libraries



ARSL
The Association for Rural & Small Libraries



Springfield, IL
Sept 13th - 15th, 2018

218 07 46
days hrs min

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2018 Conference

Search our Website

Type and press enter to search

Twittersphere

The recipe for early literacy success is...a recipe? Check out cooking for early literacy.
<https://t.co/F856t5bQh0> 0 minutes ago

What 2018 release are you lusting after?
<https://t.co/WRbgeNckOz> 1 day ago

Have you registered for Big Talk from Small

Join us Linking Libraries in the Land of Lincoln! The 2018 Association for Rural and Small Libraries Annual Conference in Springfield, Illinois on Sept. 13th – 15th

Mark Your Calendar

ARSL 2018 early bird registration for both vendors and conference attendees is slated to launch on April 4th! Be sure to mark your calendar, so you can register and enjoy the lower costs of early registration. We are anticipating a full house this year at conference and don't want you ...

[Read More](#)

Conference Hotel/Housing Update

Based on feedback from last year, our discounted hotel block will open with registration and links to hotel rooms will be available during the registration process. Watch for more details, but for planning purposes the group rate will be \$102/night plus taxes ...

[Read More](#)

Other classes

- Beyond an Apple a Day: Providing Consumer Health Information at Your Library
- Caring for the Mind: Providing Mental Health Information at Your Library
- Combatting Information Fatigue: Health Information Resources for Veterans
- Food for Thought: Exploring Nutrition Information Resources
- From A(norexia) to Z(its): Providing Health Information to Teens
- From Beyond Our Borders: Providing Multilingual and Multicultural Health Information
- Health Issues in the Headlines: Learning to Read Between the Lines
- Healthy Aging at Your Library: Connecting Older Adults to Health Information
- Improving the Health, Safety, and Well-being of LGBT Populations
- NLM's Online Playground: K-12 Science and Health Education Resources
- Will Duct Tape Cure My Warts? Examining Complementary and Alternative Medicine
- From Snake Oil to Penicillin: Evaluating Consumer Health Information on the Internet

Consumer Health Information Specialist certificate

- From Medical Library Association
- 12 credits for level one
- Credits are free
- Good for 3 years
- GMR will sponsor first-time application fee
 - \$75 to renew

Funding

Funding Opportunities

- Health outreach
- Health programming
- Community partnerships

About Funding

- Awarded by region
- May 1 - April 30



Programming and Outreach Ideas

Past Funded Projects

▸ [Beneficiaries](#)

▸ [Organization Type](#)

▸ [Population](#)

Apply

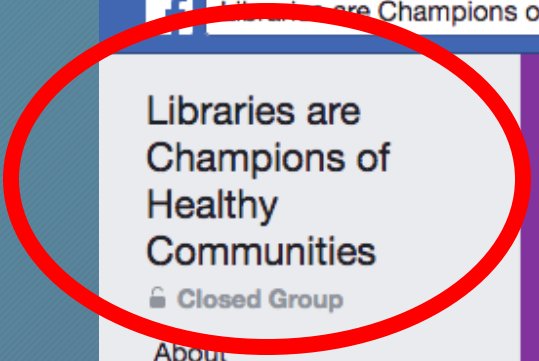
Reset

2016

Title	Description	Amount
Community Engagement: Health & Wellness Backpack Program	The Munson Community Health Library will collaborate with the Grand Traverse Commission on Aging Senior Center Network to develop a health and wellness backpack program.	\$4,457
Community Engagement: Healthy Living Outreach for Seniors	Siouxland Libraries would like to start providing a healthy lifestyles outreach program at Sunnycrest Retirement Village.	\$4,440

2015

Title	Description	Amount
Target Project: Tales and Travel: Developing Community	Although libraries seek to service their entire local population, underserved populations continue to	\$15,000



Libraries are Champions of Healthy Communities

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BECAUSE LIBRARIES ARE PARTNERS IN A HEALTHY COMMUNITY.

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PINNED POST

Bobbi L. Newman Admin · December 27, 2017

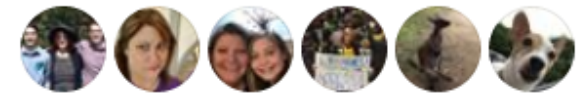
Are you doing health and wellness related programming and/or outreach at your library? On behalf of PLA's "Promoting Healthy Communities" initiative, I invite you to submit to the Programming Librarian

ADD MEMBERS

+ Enter name or email address...

MEMBERS

270 Members



You have 9 new members this week. Write a post to welcome them.

Write Post

SUGGESTED MEMBERS

Hide

Friends

- Jacqueline Leskovec Add Member
- Silvia Franchini Add Member

Questions?

This project has been funded in whole or in part with federal funds from the National Library of Medicine, National Institutes of health, department of health and human services, under grant number 1UG4LM012346 with the University of Iowa

**BECAUSE
FAKE NEWS
IS HARMFUL
TO YOUR HEALTH.**

**LIBRARIES
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AS ACTIVITIES OF THE NATIONAL
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U.S. National Library of Medicine
National Institutes of Health

LIBRARIES TRANSFORM 2011

What Next?

- **Join the NNLM**
 - nnlm.gov/members/join-network
 - Complementary subscription to MedlinePlus Magazine
 - Funding for health and wellness programs and outreach
 - Complementary printouts and posters for your library and patrons
- **Follow us on Twitter**
 - twitter.com/nnlmgmr
- **Follow us on Facebook**
 - facebook.com/nnlmgmr

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